

Psalm 22

My God, my God, why have you forsaken me?
Why are you so far from saving me,
so far from my cries of anguish?

My God, I cry out by day, but you do not answer,
by night, but I find no rest.

Yet you are enthroned as the Holy One;
you are the one Israel praises.

In you our ancestors put their trust;
they trusted and you delivered them.

But I am a worm and not a man,
scorned by everyone, despised by the people.

All who see me mock me;
they hurl insults, shaking their heads.

"He trusts in the LORD," they say,
"let the LORD rescue him.

Let him deliver him,
since he delights in him."

Do not be far from me,
for trouble is near
and there is no one to help.

I am poured out like water,
and all my bones are out of joint.

My heart has turned to wax;
it has melted within me.

My mouth is dried up like a potsherd,
and my tongue sticks to the roof of my mouth;
you lay me in the dust of death.

Dogs surround me,
a pack of villains encircles me;
they pierce my hands and my feet.
All my bones are on display;
people stare and gloat over me.
They divide my clothes among them
and cast lots for my garment.

But you, LORD, do not be far from me.

You are my strength; come quickly to help me.
Deliver me from the sword,
my precious life from the power of the dogs.

I will declare your name to my people;
in the assembly I will praise you.

For he has not despised the the suffering of the
afflicted one;
he has not hidden his face from him
but has listened to his cry for help.

They will proclaim his righteousness,
declaring to a people yet unborn:
He has done it!

Psalm 22



“My God, my God,
why have you forsaken me?”

CRY OUT

- ¹ My God, my God, why have you forsaken me?
Why are you so far from saving me,
so far from my cries of anguish?
- ² My God, I cry out by day, but you do not answer,
by night, but I find no rest.



REMEMBER

- ³ Yet you are enthroned as the Holy One;
you are the one Israel praises.
- ⁴ In you our ancestors put their trust;
they trusted and you delivered them.
- ⁵ To you they cried out and were saved;
in you they trusted and were not put to shame.

“There is not one of the godly who does not daily experience in himself the same thing. According to the judgment of the flesh, he thinks he is cast off and forsaken by God, while yet he apprehends by faith the grace of God, which is hidden from the eye of sense and reason.”

- JOHN CALVIN

CRY OUT

- ⁶ But I am a worm and not a man,
scorned by everyone, despised by the people.
⁷ All who see me mock me;
they hurl insults, shaking their heads.
⁸ “He trusts in the LORD,” they say,
“let the LORD rescue him.
Let him deliver him,
since he delights in him.”

CYCLE TWO

Forsaken by Others

Psalm 22 NIV

REMEMBER

- ⁹ Yet you brought me out of the womb;
you made me trust in you,
even at my mother’s breast.
¹⁰ From birth I was cast on you;
from my mother’s womb you have been my God.

CRY OUT

¹¹ Do not be far from me,
for trouble is near
and there is no one to help.
¹² Many bulls surround me;
strong bulls of Bashan encircle me.
¹³ Roaring lions that tear their prey
open their mouths wide against me.
¹⁴ I am poured out like water,
and all my bones are out of joint.
My heart has turned to wax;
it has melted within me.

¹⁵ My mouth is dried up like a potsherd, and
my tongue sticks to the roof of my mouth;
you lay me in the dust of death.
¹⁶ Dogs surround me,
a pack of villains encircles me;
they pierce my hands and my feet.
¹⁷ All my bones are on display;
people stare and gloat over me.
¹⁸ They divide my clothes among them
and cast lots for my garment.

CYCLE THREE

Entangled by Death

Psalm 22 NIV

REMEMBER

¹⁹ But you, LORD, do not be far from me.
You are my strength; come quickly to help me.
²⁰ Deliver me from the sword,
my precious life from the power of the dogs.
²¹ Rescue me from the mouth of the lions;
save me from the horns of the wild oxen.

THE CONCLUSION

Praise the Lord!

↑ Psalm 22:22-24 NIV

I will declare your name to my people;
in the assembly I will praise you.

²³ You who fear the Lord, praise him!

All you descendants of Jacob, honor him!
Revere him, all you descendants of Israel!

²⁴ For he has not despised or scorned
the suffering of the afflicted one;
he has not hidden his face from him
but has listened to his cry for help.

↑ Psalm 22:25-28 NIV

From you comes the theme of my praise in the great assembly;
before those who fear you I will fulfill my vows.

²⁶ The poor will eat and be satisfied;
those who seek the LORD will praise him—
may your hearts live forever!

²⁷ All the ends of the earth
will remember and turn to the LORD,
and all the families of the nations
will bow down before him,

²⁸ for dominion belongs to the LORD
and he rules over the nations.

↑ Psalm 22:29-31 NIV

All the rich of the earth will feast and worship;
all who go down to the dust will kneel before him—
those who cannot keep themselves alive.

³⁰ Posterity will serve him;
future generations will be told about the Lord.

³¹ They will proclaim his righteousness,
declaring to a people yet unborn:
He has done it!

The God who hears my plea is
worthy of my praise.

my God,
my God,
why have you
forsaken me?

Psalm of MESSIAH

Messianic Psalms:

poems that contain prophecies and foreshadows
about the first and second Advents of Christ

“Interpreters have considered a psalm “messianic” if, having little or no relationship to its historical context, it anticipated the coming of the Messiah or predicted the work of the Messiah. They speak in precise detail of His life, sufferings, resurrection and kingship.”

- PSALMS STUDY GUIDE

Psalm 22:1 NIV

My God, my God, why have you forsaken me?
Why are you so far from saving me,
so far from my cries of anguish?

Psalm 22:1 NIV

For the director of music. To the tune of “The Doe of the Morning.” A psalm of David.

My God, my God, why have you forsaken me?
Why are you so far from saving me,
so far from my cries of anguish?

Psalms 22:1 NIV

My God, my God, why have you forsaken me?
Why are you so far from saving me,
so far from my cries of anguish?



Matthew 27:46 NIV

About three in the afternoon Jesus cried out in a loud voice, “Eli, Eli, lema sabachthani?” (which means “My God, my God, why have you forsaken me?”)

Psalms 22:6-8 NIV

But I am a worm and not a man,
scorned by everyone, despised by the people.

⁷ All who see me mock me;
they hurl insults, shaking their heads.

⁸ "He trusts in the Lord," they say,
"let the Lord rescue him.
Let him deliver him,
since he delights in him."



Matthew 27:41-44 NIV

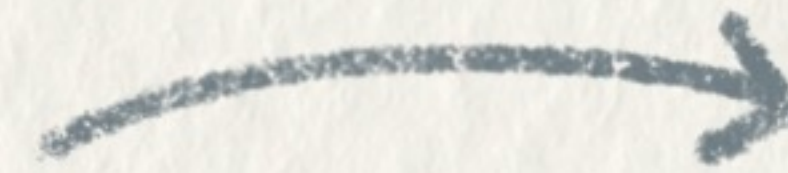
In the same way the chief priests, the teachers of the law and the elders mocked him. ⁴² "He saved others," they said, "but he can't save himself! He's the king of Israel! Let him come down now from the cross, and we will believe in him. ⁴³ He trusts in God. Let God rescue him now if he wants him, for he said, 'I am the Son of God.' " ⁴⁴ In the same way the rebels who were crucified with him also heaped insults on him.

“David used many poetic expressions to portray his immense sufferings, but these poetic words became literally true of the suffering of Jesus Christ at His enemies’ hands.”

- ALLEN ROSS, *THE BIBLE KNOWLEDGE COMMENTARY*

Psalm 22:16 NIV

Dogs surround me,
a pack of villains encircles me;
they pierce my hands and my feet.

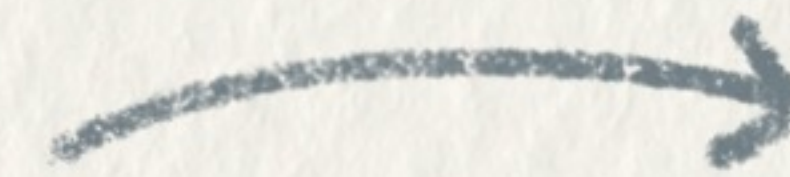


John 20:25 NIV

But he said to them, “Unless I see the nail marks in his hands and put my finger where the nails were, and put my hand into his side, I will not believe.”

Psalms 22:18 NIV

They divide my clothes among them
and cast lots for my garment.



Matthew 27:35 NIV

When they had crucified him, they divided up his
clothes by casting lots.

Have you ever doubted the reality
of the Christian faith?

Have you ever doubted the
reality of the Christian faith?

Historical Record

Archeology

Textual Reliability of the Bible

Resurrection

Changed Life Stories

Fulfilled Prophecy

Fulfilled Prophecies About Christ

PROPHECY

- 1. Pierced hands and feet
- 2. Mocked and insulted
- 3. Garments divided, lots cast
- 4. Born of a virgin
- 5. Born in Bethlehem
- 6. Entered Jerusalem on a donkey
- 7. Betrayed for 30 pieces of silver
- 8. Silent before accusers
- 9. Crucified with transgressors
- 10. Buried in a rich man's tomb

OT REFERENCE

- Psalm 22:16
- Psalm 22:7–8
- Psalm 22:18
- Isaiah 7:14
- Micah 5:2
- Zechariah 9:9
- Zechariah 11:12–13
- Isaiah 53:7
- Isaiah 53:12
- Isaiah 53:9

NT FULFILLMENT

- John 20:25–27
- Matthew 27:39–43
- John 19:23–24
- Matthew 1:22–23
- Matthew 2:1
- Matthew 21:5
- Matthew 26:14–15; 27:3–10
- Matthew 27:12–14
- Mark 15:27–28
- Matthew 27:57–60

YEARS BETWEEN

- ~1,000 years
- ~1,000 years
- ~1,000 years
- ~700 years
- ~700 years
- ~500 years
- ~500 years
- ~700 years
- ~700 years
- ~700 years

Training Center

Summer Apologetics:

AUG 17TH – SEPT 21ST | 8/31 OFF | 9:00AM

Ted Lennard

- #1 Is the Bible reliable? (8/17)
- #2 Is the Resurrection historically true? (8/24)
- #3 How do I talk to my Mormon neighbor? (9/7)
- #4 How can I understand Islam? (9/14)
- #5 What is a Biblical sexual ethic? (9/21)

Fall Apologetics:

OCT 12TH – NOV 16TH | 9:00AM

Bibliology (*Reliability of the Bible*)

Ted Lennard

- #1 Doctrine of the Bible (Revelation, Inspiration, Inerrancy, Authority)
- #2 Reliability of the Bible (includes manuscript evidence)
- #3 The Development of the Biblical Canon
- #4 Textual Criticism and Variants
- #5 What Bible Translation should I use?
- #6 Everyday Apologetics: Bringing the Bible into meaningful conversations

fellowshipnwa.org/trainingcenter

“My God, my God,
why have you forsaken me?”

Jesus was forsaken so that you
could be forgiven.